



East End Kids Academy  
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## Nursery School Program - 3 Years Old Fall 2025-2026

East End Kids Academy offers a learning experience that will engage and nurture the whole child; to inspire a balanced growth of heart, mind, body, and spirit. The children are given opportunities that are engaging and challenging but not frustrating, with plenty of learning through enriched play. Our teachers use many approaches to guide and speed their learning.

**Program Requirement: \*Must turn 3 by December 1<sup>st</sup>, 2025**

\*Date of Birth December 2021, January 2022 thru November 2022

\*Eligible to attend Kindergarten September 2027

**Program Hours: 8:45am – 12:45pm**

**Program Goals: To learn and assist children with the following three “S’s”...**

“S”eparation, being with other people other than family and friends.

“S”ocialization, to learn to socialize with children of the same age as them.

“S”chedule, to learn to follow and participate within a daily schedule.

The following is a brief description of the different activities the children would be involved in during the program.

### **Enriched Free Play**

(In the Classroom)

During Enriched Free Play your child will visit various centers in the classroom that will feature activities that will go along with their theme. The classroom centers are: Dramatic Play; Nature/Science; Math/Number/Reasoning; Writing/Art; Library. The children are taught to CHOOSE, USE & CLEAN UP in each center they visit. Enriched free play is so valuable in the nursery curriculum because, while the teacher can use direct instructions with one or a few children, the others do not have to wait – they can keep learning through discovery, imitation, and their peer interactions.

### **Building/Discovery Time**

(In the Classroom)

This time will feature different building materials which include wooden blocks of different sizes and shapes; Lincoln Logs; roads, train tracks & tunnels. The children will also have discovery tables to explore in. A table may feature the letter of the week. Another table may feature the color of the month and/or feature seasonal items. The tables allow the children to master their fine motor skills using multiple items such as measuring cups, spoons, funnels, tongs, sifters and more. There will be a quiet area where the children can sit and “read” books or use the flannel graph board that highlights the letter of the week. Throughout the year, the puppet theater will pop up giving the children an opportunity to express themselves with puppets.

## Gross Motor Skills Activity (Gym)

(In the Gym)

The children will play a game that uses their large gross motor skills that incorporates the letter of the week, the number, the color and/or the shape of the month. Gym games may also involve the season and/or the holiday. These activities may include jumping, hopping, skipping, and/or running – all important skills to enhance their large gross motor skills.

## Outside Play

(Outside Playground)

The children will go outside to play every day that weather permits. We ask that you send your child to school wearing appropriate outside attire. We will **not** go outside if it is raining, snowing, ice on the ground, and if it is too cold or too hot. When the children cannot go outside, they will freely play in their classroom.

## Bathroom/Snack

(In the Classroom)

The children learn to always wash their hands after going to the bathroom and before eating. The children can go to the bathroom anytime during the day. To avoid bathroom accidents, we set aside time to try to use the potty. **Your child does not have to be potty trained to attend nursery school.** We will join you in the process of learning and will celebrate with you when your child is able to use the potty when needed. **Snacks & drinks are provided from home.** We encourage healthy snacks and teach the children the importance of eating healthy to grow strong. The children learn to open their snack, clean up after themselves and put their lunch boxes away when they are finished eating. They are also learning to use their table manners when eating with their friends.

## Lunch

(In the Classroom)

**Lunch is provided from home.** The teacher will make sure that the main part of lunch is eaten before the children move on to any snacks that you may have sent for them. The teacher will also make sure that their hands are washed before they sit to eat. When the children are finished with their lunch they must ask to be excused and then they will clean up after themselves.

## AM Whole Group Time / PM Whole Group Time

(In the Classroom)

In the beginning of the morning and at the end of their nursery experience, the children will gather as a group and will learn songs and chants that are about the calendar, the weather, holidays, seasons, letters, numbers, colors and/or shapes. It is a time that allows the teacher and children to discuss “The News of the Day” and engage in activities related to the theme and to sing hello or goodbye to each child and share story time together.