# <u>Pre-School Program - 4 Years Old</u> <u>Fall 2025-2026</u>

East End Kids Academy offers a learning experience that will engage and nurture the whole child; to inspire a balanced growth of heart, mind, body, and spirit. The children learn through structured – directed lessons as well as exploratory and hands-on activities.

Program Requirement: \*Must turn 4 by December 1st, 2025

- \*Date of Birth December 2020, January 2021 thru November 2021
- \*Eligible to attend Kindergarten September 2026

Program Hours: 9:15am - 2:15pm

<u>Program Goal</u>: to prepare the children for Kindergarten and teach them to be as independent as possible in their daily routine and activities.

The following is a brief description of the different activities the children would be involved in during the program.

# **Learning Circle**

(In Their Classroom with Their Main Teacher)

During the learning circle your child will learn the days of the week, the months of the year, and will learn to read a calendar. The children will also learn about the weather and seasons. Songs and chants will be introduced to teach about holidays, seasons, and celebrations. During the learning circle, the children will also learn to identify letters, lower case and upper case, along with the sound of the letter. Shapes and colors will also be a part of the learning circle.

## Arts & Crafts

(In the Art Room with the Art Teacher)

Arts and crafts is a listening and following directions activity. The children will listen and follow the art teacher's step-by-step procedure to complete a craft that the children will take home. The children will use a variety of craft supplies, glue, paints, crayons, markers, and much more.

# Theme Activity

(In Their Classroom with Their Main Teacher)

During the theme activity time, your child will engage in various activities to learn about the scheduled monthly theme.

For example: The theme for December is "Our Community." The teacher may set their classroom each day as a different place in our community and then do activities that pertain to that place. If a bakery is selected the activity may be making a special treat.

## **Gross Motor Skills Activity (Gym)**

(In the Gym with Their Teacher)

The children will play a game that uses their large gross motor skills that incorporates the letter of the week, the number, the color and/or the shape of the month. Gym games may also involve the season and/or the holiday. These activities may include jumping, hopping, skipping, and/or running — all important skills to enhance their large gross motor skills.

#### **Fine Motor Skills Activity**

(In Their Classroom with Their Main Teacher)

The children will do activities that will enhance their fine motor skills. The activities will include cutting, drawing, tracing, lacing, beading, and writing. Also, the activities will focus on the letter of the week, the season, the holiday, and /or the theme of the month.

## Science, Technology, Engineering, Math "STEM" Activity

(In Their Classroom with Their Main Teacher)

During this classroom time the children will learn to integrate all four subjects together with hands-on projects and challenges. The lessons will involve children working together as a team to solve relevant problems. \*Science will introduce the study and understanding of the natural world. \*Technology will introduce tools and simple machines that make work easier. \*Engineering will teach the children to use tools to plan and organize a solution to a problem. \*Math will introduce the understanding of shapes, numbers, and patterns.

## **Outside Play**

(Outside Playground with Their Main Teacher)

The children will go outside to play every day that weather permits. We ask that you send your child to school wearing appropriate outside attire. We will **not** go outside if it is raining, snowing, ice on the ground, and if it is too cold or too hot. When the children cannot go outside, they will freely play in their classroom.

# Snack / Bathroom / Story

(In Their Classroom with Their Main Teacher)

During this time, your child's teacher will read a story to the class. After the story, the children will take turns going to the bathroom and washing their hands. After their hands are washed, they will then eat **snack which is provided from home**. We encourage healthy snacks and teach the children the importance of eating healthy to grow strong. The children learn to open their snack, clean up after themselves and put their lunch boxes away when they are finished eating. They are also learning to use their table manners when eating with their friends.

## Lunch

(In Their Classroom with Their Main Teacher)

Lunch is provided from home. The teacher will make sure that the main part of lunch is eaten before the children move on to any snacks that may be in their lunchbox. The teacher will also make sure that their hands are washed before they sit to eat. When the children are finished with their lunch they will be taught to ask to be excused and then they will clean up after themselves which includes packing up and putting their lunchboxes away.